

MAKEOVERS *The 30-minute fix that will instantly transform your look: you'll never believe just how easy it is.*

AGE-REVERSERS *New cutting-edge technologies of the future that promise the most dramatic results.*

NEW BEAUTY[®]

THE BEAUTY AUTHORITY

we reveal the truth behind the

BIG BEAUTY MYTH

the ultimate youth boosters

5 ANTI-AGERS THAT REALLY WORK

CHANGE YOUR SKIN FOR GOOD

20 MINUTES TO A BETTER BODY

the most powerful way to

LOSE FAT FAST!

THE TRUTH ABOUT CELLULITE

how to erase it forever

JULIE BOWEN
EXCLUSIVE INTERVIEW

SECRETS TO HER SEXY NEW LOOK!

From "modern mom" to magnificent, this star shares the strange skin-care secret she swears by and why she hates HD.



FACE
6 WAYS TO ELIMINATE CROW'S-FEET



The ultimate crow's-feet eraser

Used off-label for years and FDA-approved for the treatment of crow's-feet in September 2013, Botox, according to New York oculoplastic surgeon Jessica Lattman, MD, acts to relax the muscles of expression, so the overlying skin remains smooth, preventing wrinkles from appearing. "Botox is the best treatment for this concern. Fillers for fine lines can also be used along with Botox to help erase more severe crow's-feet." In terms of preventing them from appearing, Dr. Lattman recommends that you avoid squinting and always wear sunscreen with an SPF of 30 or more and sunglasses. When more corrective treatment is necessary, laser-resurfacing treatments can improve the quality of skin around the eyes.

PROTECT TO PREVENT

avoid squinting and wear sunscreen daily as well as sunglasses that are large enough to protect the skin around your eyes

STAY HYDRATED

make eye cream a permanent part of your daily beauty regimen to keep the skin around your eyes soft and moisturized

LONG-TERM SOLUTIONS

in-office options like neurotoxins and laser and radio-frequency treatments typically offer more dramatic, longer-lasting results



THE AGING EYE REVERSER

Luxurious black tourmaline gems and South Sea pearls combine with sweet almond and goji berry extracts in this decadent formula that purportedly helps diminish fine lines and puffiness, leaving you looking refreshed and rejuvenated. **Estée Lauder Re-Nutriv Ultimate Contouring Eye Lift**, \$150, esteelauder.com

INSIDE tip

When battling crow's-feet, Pekar says to look for eye creams containing hyaluronic acid, which helps boost collagen and staves off fine lines and wrinkles.

"Application is a cinch thanks to the cooling, ceramic tip that helps this light cream glide on easily."

"Love knowing I'm getting the protection I need for my eyes and the superchic style of these sunglasses is a definite plus."

"Blends easily into skin and leaves it feeling silky smooth while knocking out those tired-looking, under-eye bags, too."

"This do-it-all cream smells great and leaves noticeable results instantly."



THE ULTIMATE PROTECTOR

Protect your eyes from the damaging effects of the sun—and look good doing it—with a pair of sunglasses that offer polarized lenses to prevent squinting and coverage of the whole eye area. **Oliver Peoples Rovella Coco Sunglasses**, \$325, neimanmarcus.com



THE EYE PERFECTER

Puffiness and dark circles can cause you to look tired and make crow's-feet seem even more obvious. Hide them with a concealer that offers buildable coverage and leaves eyes looking refreshed and youthful. **Per-fékt Skin Perfection Conceal**, \$28, sephora.com



THE MULTITASKING REJUVENATOR

Infused with black tea, blackberry leaf extract and lychee seed extract, this all-natural formula claims to deliver a trifecta of eye-perfecting benefits: reduces puffiness, minimizes dark circles and firms skin. **Fresh Black Tea Age-Delay Eye Concentrate**, \$85, fresh.com